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## Cardiovascular Health Questionnaire

Today's Date: \_\_\_\_\_

Patient Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Occupation: \_\_\_\_\_

Primary Care Physician: \_\_\_\_\_

Smoking History: \_\_\_\_\_

Drug Allergies (Please list medications and symptoms caused):

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### Medications and Supplements

*Please list all current medications, vitamins, and supplements:*

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

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### Surgical History

Please list any surgeries you've had and the dates:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

### Family Heart Health History

Family Member	Living	Deceased	Cause of Death	Known Illnesses
Father	[ ]	[ ]	_____	_____
Mother	[ ]	[ ]	_____	_____
Brother(s)	[ ]	[ ]	_____	_____
Sister(s)	[ ]	[ ]	_____	_____

### Your Health Symptoms

Please check if you have experienced any of the following:

Symptom/Condition	Yes	No	If Yes, for How Long?
Chest Pain (at rest or during exercise)	[ ]	[ ]	_____
Shortness of Breath	[ ]	[ ]	_____
Diabetes (high or abnormal blood sugar)	[ ]	[ ]	_____
High or Abnormal Blood Pressure	[ ]	[ ]	_____
Swelling of Legs or Feet	[ ]	[ ]	_____
Pain in the Calves when Walking	[ ]	[ ]	_____

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Heart Murmur	[ ]	[ ]	_____
History of Rheumatic Fever	[ ]	[ ]	_____
Palpitations (irregular or rapid heartbeat)	[ ]	[ ]	_____
Fainting or Black-out Episodes	[ ]	[ ]	_____
History of Heart Attack	[ ]	[ ]	_____
Abnormal EKG	[ ]	[ ]	_____
Lung Disease	[ ]	[ ]	_____
Bleeding Disorder or Internal Bleeding	[ ]	[ ]	_____

### **Implanted Heart Devices**

*Do you have an ICD, pacemaker, or defibrillator?*

**If yes, please indicate the device brand:**

\_\_\_\_\_

### **Tell Us More**

**What health issue bothers you the most right now?**

*(Use the space below or the back of this form if needed.)*

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

*Thank you for trusting us with your heart health!*